

RUNNING ORDER

SATURDAY 7TH MAY, 2016

JUDGE: CATHERINE STROOP

Race	Div.	Left Lane	H/cap (secs)	Break Out		Right Lane	H/cap (secs)	Break Out	Heats	Change overs
1	1	Run'd Over	4.50	25.00	v	Para Ball Busters	0.00	25.00	Best 3 of 5	3 min.
2	1	Para Shooters	5.20	24.40	v	Fly'd Over	0.00	24.40	Best 3 of 5	3min.
3	1	Para Gliders	0.00	25.00	v	Run'd Over	1.30	25.00	Best 3 of 5	3 min.
4	1	Para Ball Busters	0.00	24.40	v	Para Shooters	3.90	24.40	Best 3 of 5	3 min.
5	1	Fly'd Over	0.00	23.70	v	Para Gliders	4.50	23.70	Best 3 of 5	3 min.
10 MINUTE BREAK										
6	1	Para Shooters	0.00	25.00	v	Run'd Over	0.60	25.00	Best 3 of 5	3 min.
7	1	Para Ball Busters	0.00	23.70	v	Para Gliders	3.20	23.70	Best 3 of 5	3 min.
8	1	Run'd Over	5.80	25.00	v	Fly'd Over	0.00	25.00	Best 3 of 5	3 min.
9	1	Para Gliders	0.00	24.40	v	Para Shooters	0.70	24.40	Best 3 of 5	3 min.
10	1	Fly'd Over	0.00	20.50	v	Para Ball Busters	1.30	20.50	Best 3 of 5	3 min.
45 MINUTE LUNCH BREAK										
Race	Div.	Left Lane	H/cap (secs)	Break Out		Right Lane	H/cap (secs)	Break Out	Heats	Change overs
11	1	Para Ball Busters	0.00	25.00	v	Run'd Over	4.50	25.00	Best 3 of 5	3 min.
12	1	Fly'd Over	0.00	24.40	v	Para Shooters	5.20	24.40	Best 3 of 5	3 min.
13	1	Run'd Over	1.30	25.00	v	Para Gliders	0.00	25.00	Best 3 of 5	3 min.
14	1	Para Shooters	3.90	24.40	v	Para Ball Busters	0.00	24.40	Best 3 of 5	3 min.
15	1	Para Gliders	4.50	23.70	v	Fly'd Over	0.00	23.70	Best 3 of 5	3 min.
10 MINUTE BREAK										
16	1	Run'd Over	0.60	25.00	v	Para Shooters	0.00	25.00	Best 3 of 5	3 min.
17	1	Para Gliders	3.20	23.70	v	Para Ball Busters	0.00	23.70	Best 3 of 5	3 min.
18	1	Fly'd Over	0.00	25.00	v	Run'd Over	5.80	25.00	Best 3 of 5	3 min.
19	1	Para Shooters	0.70	24.40	v	Para Gliders	0.00	24.40	Best 3 of 5	3 min.
20	1	Para Ball Busters	1.30	20.50	v	Fly'd Over	0.00	20.50	Best 3 of 5	3 min.